

VOLUNTEERS • NON JUDGEMENTAL • RESPECT
UNLIMITED • EDUCATION • SAFE • TRUST

Road Trauma Awareness Seminar

Our Road Trauma Awareness Seminar program empowers participants to make safer decisions on the road while having a monetary sanction. It also offers a rehabilitative process for change.

1300 367 797 | rtssv.org.au



Education

The program is based on a sound theoretical model of restorative justice principles and three psychological models:

1. Narrative Discourse
2. Experiential Learning
3. Cognitive Behavioural Therapy

It encourages behavioural change through a process of education, reflection and prevention.

The Road Trauma Awareness Seminar (RTAS) program is regularly reviewed and evaluated.



I got caught speeding, 140 in an 80 zone.

Road Trauma Awareness Seminars

Our program aligns with the Victorian Government's Safe System approach to improve driver attitudes and behaviours, to support safer road user behaviour.

The program includes:

- 2 1/2 hour seminar
- 31 state-wide locations
- Small groups of 10 participants per seminar
- Sound educational theories
- Interactive, exploring risks and alternatives to current driving practices
- Participant follow up and ongoing contracted behaviour modification
- Participant behaviour/attitude self-assessments
- Working in collaboration – education and enforcement, complements existing enforcement
- Conversations with people impacted by trauma on our roads
- Helps to reduce illegal driving behaviour and rates of recidivism

Outcomes

Participants commonly start the program displaying disinterest, bravado and lack of remorse. However, due to the program's focus on behaviour change rather than blame, participants typically experience a noticeable shift in attitude. They are empowered to make choices toward being a safer road user.

"I will now respect fellow road users and consider how my decisions may affect others. I am going to also add a physical reminder to my car on how important it is to drive safely."

Campbell

"Thanks to the Road Trauma Awareness Seminar I have taken away that I need to be more aware of the people around me and to think about the consequences of my actions and how it could impact other lives in a major way." Lachlan

"This program has taught me never to drink and drive again but, more importantly, I will be educating my children about the importance of road safety and setting an example." Stephen

"I have made the conscious decision to drive slower, be more considerate to other drivers and to be aware of the consequences of reckless driving." Anonymous

Our Community

Road Trauma Support Services Victoria (RTSSV) is committed to educating the community and to raising public awareness about road trauma and how it affects people's lives. A vital part of this educational work is delivered by our volunteers who share their personal stories about road trauma.

Road Trauma Support Services Victoria is a not-for-profit organisation contributing to the safety and wellbeing of Victorian road users.

Counselling

RTSSV provides free of charge counselling, information and peer support programs to more than 3,000 Victorians impacted by road trauma every year.

Counselling is provided to anyone impacted by transport trauma irrespective of when the collision occurred. Clients include bereaved families, friends and colleagues; injured people and their carers; drivers and passengers; cyclists and pedestrians; witnesses and emergency service workers.

You do not need a referral to access our services. To make an appointment with one of our counsellors, call **1300 367 797**.

Our community

Here are some ways to help and connect with people affected by road trauma:

- Tell your family and friends about the free counselling services at RTSSV.
- Like us on Facebook, follow us on Instagram and Twitter, or join our mailing list.
- Join us at our annual Shine a Light on Road Safety community walk or Time for Remembering ceremony.
- Get involved in shaping our future by becoming a member of RTSSV.
- Volunteer with us.

Support our work

The trauma that results from a fatal or serious collision can happen to anyone at any time. Each dollar donated helps us provide vital services to all Victorians who are impacted. Please consider making a donation today.

We reinvest all funds in our programs and work hard to make sure that the resources entrusted to us are used as efficiently and effectively as possible.

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