

COMMUNITY

Community – a bond

Takes you away from your normal environment

Meeting others who empathise

Finding peace and beauty in creativity

Rebuilding together

Everyone is connected and unique

Through vulnerability

Being non judgemental

Just being who we are

We are not alone

Trying to find comfort

Peace of mind

Acceptance rather than resistance

Self-compassion

Finding a pathway forward can be exhausting

Support

Remembering the past, never forgotten



COMMUNITY

Community is a collaborative work undertaken by Amber Community's Art Therapy Group. The vision for this art therapy project was to bring together a group of people who had been impacted by road trauma and allow for creative self expression.

Amber Community is a not-for-profit organisation contributing to the safety and wellbeing of Victorian road users. We provide counselling and support to people affected by road trauma, and address attitudes and behaviours of road users through education.



**amber
community**

ROAD INCIDENT
SUPPORT & EDUCATION

1300 367 797

www.ambercommunity.org.au