

Road Trauma Awareness Seminar

Road Trauma Awareness Seminars (RTAS) are for anyone who would like to increase their awareness of the responsibilities that come with using the road safely, to prevent being involved in road trauma, and address any risky driving behaviours.



**amber
community**
ROAD INCIDENT
SUPPORT & EDUCATION

1300 367 797

www.ambercommunity.org.au



Our participants

Whether you are an individual, sporting club, workplace, organisation or community group, the program can help to embed a culture of road safety in our communities.

Our participants may be people who have offended for the first time, and some will be people who have a history of offences. Others may not have committed an offence and may be engaging in risky driving behaviours, or likely to at some stage of their lives.

The program

Our program aligns with the Victorian Government's Safe System approach to improve driver attitudes and behaviours, to support safer road user behaviour and is based on sound theoretical models. It encourages insight into beliefs and attitudes through a process of education, reflection and prevention.

The interactive seminars empower participants to make safer choices through:

- Reflecting on own and others driving choices and the consequences of taking risks.
- Insight into the ripple effect on our communities through lived experience.
- Increasing driver focus and awareness.
- Empowering people to make a difference through promoting a culture of road safety within their own communities.

The RTAS program is delivered state-wide and is accessible to all. For more information, please visit www.ambercommunity.org.au or scan the QR code on the back of this brochure



Outcomes

Participants often leave the seminars ready to have ongoing conversations with families, friends, work colleagues, and are committed to becoming safer road users.

"I will drive with utmost care and lawfully with having a full sense of responsibility of me and others on the road too."

"I'll be more aware of my driving habits and always remember the ripple effect. I'll remember the fact that dangerous driving is extremely selfish."

"I feel it will really help me to consider the possible consequences of my decisions on the road and think about the vast amount of different people who are affected by my choices. I will never drink and drive again."

"Check my mental/emotional/physical state before starting the car as well as pause and focus on the fact I am about to drive and not where I am going."

Our people

Amber Community is committed to educating the community and raising public awareness about road trauma and how it affects people's lives. A vital part of this educational work is the RTAS program, delivered by skilled facilitators who provide a safe, inclusive, and non-judgmental environment for participants and provide empowering tools to assist in making safer choices.

Our volunteer speakers share their unique lived experiences during the seminar, inspiring participants to understand the true and impactful reality of road trauma.

Counselling

Amber Community provides free of charge counselling, information and peer support programs to more than 3,000 Victorians impacted by road trauma every year.

Counselling is provided to anyone impacted by transport trauma irrespective of when the collision occurred. Clients include bereaved families, friends and colleagues; injured people and their carers; drivers and passengers; cyclists and pedestrians; witnesses and emergency service workers.

You do not need a referral to access our services. To make an appointment with one of our counsellors, call **1300 367 797**.

Our community

Here are some ways to help and connect with people affected by road trauma:

- Tell your family and friends about the free counselling services at Amber Community.
- Like us on Facebook, follow us on LinkedIn, Instagram and Twitter, or join our mailing list.
- Join us at our annual Shine a Light on Road Safety community walk or Time for Remembering ceremony.
- Get involved in shaping our future by becoming a member of Amber Community.
- Share your lived experience, volunteer with us, and influence change.

Support our work

The trauma that results from a fatal or serious collision can happen to anyone at any time. Each dollar donated helps us provide vital services to all Victorians who are impacted. Please consider making a donation today.

We reinvest all funds in our programs and work hard to make sure that the resources entrusted to us are used as efficiently and effectively as possible.



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